Basic Study

Effect of acupuncture in intervening heroin-induced brain damage via regulating ubiquitin-proteasome pathway

针刺调控泛素-蛋白酶体途径对干预海洛因脑损伤的影响

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Abstract

Objective: To observe the effect of acupuncture in regulating ubiquitin-proteasome pathway (UPP), and discuss the action of acupuncture in intervening heroin-induced brain damage.

Methods: Thirty male Sprague-Dawley (SD) rats were divided into a control group, a model group and an acupuncture group by using the random number table. Rats in the model and acupuncture groups received intramuscular heroin injection for successive 8 d at a progressively increased dose. Afterwards, the injection was suspended for 5 d for withdrawal. The heroin relapse rat model was established by repeating the drug addiction and withdrawal process for 3 times. The control group followed the step of the model establishment, but was given intramuscular injection of normal saline at the stage of addiction and no intervention at the stage of withdrawal; the model group was given intramuscular heroin injection at a progressively increased dose at the addiction stage and no intervention at the withdrawal stage; the acupuncture group was dealt in the same way as the model group at the addiction stage, but received acupuncture at Baihui (GV 20) and Dazhui (GV 14) at the withdrawal stage, with the needles retained for 30 min each time, 1 session a day, for successive 5 d. On the 39th day, brain tissues were extracted from the hippocampus and ventral tegmental area (VTA) of the three groups of rats. The apoptosis of brain nerve cells was detected by using terminal deoxynucleotidyl transferase-mediated nick and labeling (TUNEL). The mRNA and protein expressions of ubiquitin (Ub), ubiquitin protein ligase (E3) and 26S were examined by immunohistochemistry and quantitative real-time polymerase chain reaction (RT-qPCR).

Results: Compared with the model group, rat's hippocampus and VTA in the acupuncture group showed significantly fewer cells positively stained by TUNEL staining (*P*<0.01), and its mRNA and protein expressions of Ub, E3, 26S were significantly lower (*P*<0.01).

Conclusion: Reducing nerve cell apoptosis and regulating the mRNA and protein expressions of Ub, E3 and 26S in rat's hippocampus and VTA are possibly one of the action mechanisms of acupuncture in intervening heroin-induced brain damage.

Keywords: Acupuncture Therapy; Ubiqutins; Proteasome; Substance Withdrawal Syndrome; Heroin Dependence; Brain Injuries; Rats

【摘要】目的:观察针刺对泛素-蛋白酶体途径(UPP)的调控作用,探讨针刺干预海洛因脑损伤的作用。方法:将30 只雄性Sprague-Dawley (SD)大鼠按随机数字表法分为对照组、模型组和针刺组。模型组和针刺组大鼠采用连续8d 递增量肌肉注射海洛因,染毒后停止肌肉注射海洛因5d,自然戒断。按染毒(成瘾)-脱毒的方法,反复3个阶段,建 立海洛因复吸大鼠模型。对照组按照建立海洛因复吸大鼠模型的周期,在染毒期给予大鼠肌肉注射生理盐水,在 脱毒期不给予任何治疗;模型组在染毒期给予大鼠连续递增量肌肉注射海洛因,在脱毒期不给予任何治疗;针刺 组在染毒期处理与模型组相同,在脱毒期给予针刺百会和大椎治疗,每次留针30 min,每天1次,连续5d。于实验

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第39 d取3组大鼠的海马、中脑腹侧被盖区(VTA)脑组织。运用脱氧核糖核苷酸末端转移酶介导的缺口末端标记法 (TUNEL)检测脑神经细胞的凋亡情况。运用免疫组化法、定量实时PCR (RT-qPCR)法检测泛素(Ub)、泛素蛋白连接酶 (E3)、26S mRNA和蛋白的表达。结果:与模型组相比,针刺组大鼠海马、VTA中TUNEL染色阳性细胞数显著减少 (P<0.01),Ub、E3、26S mRNA和蛋白表达表达明显减少(P<0.01)。结论:减少神经细胞凋亡,调节大鼠海马、VTA 区的Ub、E3、26S mRNA和蛋白的表达,可能是针刺干预海洛因脑损伤的作用机制之一。

【关键词】针刺疗法;泛素;蛋白酶体;物质禁断综合征;海洛因依赖;脑损伤;大鼠

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Research has shown that cell apoptosis is involved in the heroin-induced loss or damage of neuron function; major pathological manifestations of heroin-induced toxic brain damage include degeneration and necrosis of nerve cells at multiple sites and dissolved or disrupted microvascular basement membrane^[1-4]. Acupuncture, as a unique therapy used in preventing and treating drug addiction in our country, has shown its advantages^[5]. It's been proved by studies that acupuncture can mitigate the protracted withdrawal symptoms of heroin addicts and inhibit the nerve cell apoptosis in heroin-addicted rats^[6-7].

Ubiquitin-proteasome pathway (UPP) is a highefficient mechanism for protein catabolism, composed of ubiquitin (Ub), ubiquitin activating enzyme (E1), ubiquitin conjugating enzyme (E2), ubiquitin protein ligase (E3), 26S proteasome and ubiquitin recycling enzyme^[8]. In the form of polyubiquitin chain, Ub binds to and labels the to-be-degradated substrate protein for further degradation; E3 directly or indirectly promotes Ub to transfer to the target protein and form up 26S protein polyubiquitin chain; proteasome decomposes the ubiquitinized target protein into small peptides or amino acids. It's reported that UPP has mediated cell apoptosis in multiple ways^[9]. Taking this as the focus, this study was to observe the effect of acupuncture on UPP in heroin relapse rats and discuss the action mechanism of acupuncture in intervening heroin-induced brain damage.

1 Materials

1.1 Experimental animals

Thirty male Sprague-Dawley (SD) rats, 3-month-old and weighing (200±20) g, were provided by Anhui Experimental Animal Center [certificate of approval: SCXR (Wan) 2011-002; quality tested by: Anhui Laboratory Animal Quality and Inspection Center]. The rats were housed separately in a quiet environment, with the room temperature controlled at (22±1) $^{\circ}$ C and relative humidity at (55±5)%, with natural light and free access to food and water. The plastic cages were paved with sterilized wood dust. The adaptive feeding lasted for 1 week before the beginning of the experiment. The whole process of experiment conformed to the *Guiding Opinions on the Treatment of Experimental Animals* issued by the Ministry of Science and Technology, in order to avoid any unnecessary harm to the rats and reduce pain and sufferings.

1.2 Main reagents

Heroin (provided by Anhui Drug Prohibition Office, purity 85%); normal saline injection (Jiangsu Chiatai Tianqing Pharmaceutical Co., Ltd., China); primer synthesis (Invitrogen, USA); fluorescent quantitative reagents and consumable materials (Qiagen, Germany); Trizol (Life Technologies, USA); RNeasy[®] MinEluteTM cleanup kit (Qiagen, Germany); reverse transcriptase (Promega, USA); real-time polymerase chain reaction (RT-PCR) kit (Thermo, USA); in situ cell apoptosis detection kit (Roche, USA); bs-9347R primary antibody 26S (1:11), bs-1549R Ub (1:100) and bs-4895R E3 (1:100) (Beijing Bioss Biotechnology Co., Ltd., China); ZB-2301 HRP-labeled goat anti-rabbit IgG (H+L) (1:10 000, Beijing ZSGB-Bio, China).

1.3 Experiment instruments

DP-801 YB-7B paraffin embedding machine (Taiwei Electronics Co., Ltd., China); Leica RM2135 automatic microtome (Leica Incorporation, Germany); Olympus BX61 optical microscope (Olympus Corporation, Japan); DP-801 microscope image processing system (Jiangsu JEDA Science-technology Development Co., Ltd., China); quantitative fluorescence PCR instrument and PIKO Plate Illuminator (Thermo, USA); QuantiFast SYBR Green PCR kit (Qiagen, Germany).

2 Methods

2.1 Modeling

2.1.1 Heroin addicted rat model

The rats for heroin addicted model establishment received intramuscular heroin injection for successive 8 d at a progressively increased dose [daily heroin injection dose was 3, 3, 4, 4, 5, 8, 10 and 10 mg/(kg·bw) respectively from the 1st day to the 8th day]. During day 1-4, the daily injection was finished by 1 time; during day 5-8, the daily injection was finished by two injections, at 7:00 and 19:00 respectively.

2.1.2 Heroin relapse rat model

By following the steps of establishing heroin addicted rat model, the rats received 8-day intramuscular heroin injection at a progressively increased dose for addiction, followed by 5-day suspension of the injection for withdrawal. The addiction-withdrawal process was repeated 3 times, i.e. addiction \rightarrow withdrawal \rightarrow addiction \rightarrow withdrawal \rightarrow addiction \rightarrow withdrawal, to establish a heroin relapse rat model^[10-11].

2.2 Grouping and Intervention

During the experiment, the rats were divided into 3 groups by using the random number table: a control group, a model group and an acupuncture group, with 10 rats in each group.

2.2.1 Control group

Based on the cycles in the establishment of heroin relapse rat model, rats in the control group received intramuscular injection of normal saline at the addiction stage, 0.2 mL each time for each rat, once a day. The rats didn't receive any interventions at the withdrawal stage.

2.2.2 Model group

Based on the cycles in the establishment of heroin relapse rat model, rats in the model group received 8-day intramuscular heroin injection at a progressively increased dose at the addiction stage, and didn't receive any interventions at the withdrawal stage.

2.2.3 Acupuncture group

Based on the cycles in the establishment of heroin relapse rat model, rats in the acupuncture group received 8-day intramuscular heroin injection at a progressively increased dose at the addiction stage, and acupuncture treatment at the withdrawal stage.

Acupuncture method: Rat was placed gently on a specially-made experiment frame. When it's sober and quiet, Baihui (GV 20) was punctured horizontally and Dazhui (GV 14) was punctured obliquely both by around 12 mm with filiform needles of 0.25 mm in diameter and 25 mm in length by referring to the *Atlas of Acupoints for Rat*^[12]. The needles were retained for 30 min and manipulated every 10 min. The treatment was performed once a day, for successive 5 d, carried out at each withdrawal stage of the three cycles.

2.3 Observation items and methods

2.3.1 Sampling

The model obtained in this study is mature, with a high replication rate. There was no death of animal in this experiment.

The rats were sacrificed on the 39th day of the experiment. They were first anesthetized via intraperitoneal injection of 10% chloral hydrate at 3.6 mL/(kg·bw). Under successful anesthesia, rat's thoracic cavity was opened by surgical scissors to expose the heart area. A perfusion needle was then inserted along the left ventricle into the heart nearby the apex to inject 0.9% NaCl 250 mL. When liver and lungs turned pale and the effluent from the right atrium became clear, 4% paraformaldehyde in phosphate buffer solution was used for perfusion until rat presented twitched limbs, stiff limbs and tail, and rigid body. Rat's head was then chopped off and craniotomy was performed. The complete brain tissues were

extracted and placed on an ice bag. The hippocampus and ventral tegmental area (VTA) were obtained according to the *Stereotaxic Atlas of the Rat Brain*^[13] and fixed in paraformaldehyde for 24 h prior to paraffin embedding.

2.3.2 Detection of cell apoptosis

Each group contributed paraffins from 3-5 rats. The paraffins of hippocampus and VTA were sliced at 5 µm and each rat had 4-6 slices for the detection of cell apoptosis in hippocampus and VTA by using terminal deoxynucleotidyl transferase-mediated nick and labeling (TUNEL). The number of apoptotic cells in rat VTA and hippocampus from each group was counted by using DP-801 microscope image processing system. Five discrete fields were selected from each slice for cell counting through microscope at a magnification of 400 times. Brown stained granules in cytoplasm were considered as positive staining. The numbers of positively stained cells were gathered for statistics.

2.3.3 Protein expressions of Ub, E3 and 26S in rat VTA and hippocampus

Each group contributed paraffins of the left brain of 3-5 rats. The paraffins of hippocampus and VTA were sliced at 5µm and each rat had 4-6 slices to determine the protein expressions of Ub, E3 and 26S by following the instruction of immunohistochemistry (IHC) kit. The Image-Pro plus 6.0 was adopted to detect the positive expressions of Ub, E3 and 26S in the IHC slices of rat VTA and hippocampus through microscope at a high magnification of 400 times. The mean optical density (MOD) was collected for statistics. Five discrete fields were randomly selected to calculate the mean value, which was taken as the positive expression of Ub, E3 and 26S proteins, respectively.

2.3.4 Expressions of Ub, E3 and 26S mRNAs in rat VTA and hippocampus

Ten rats from each group had their VTA and hippocampus of the right brain examined by quantitative real-time PCR (RT-qPCR) for the expressions of Ub, E3 and 26S mRNAs. The collected samples were put in cryovials and preserved at -80 $^\circ\mathrm{C}$ for stand-by. The total RNA was extracted from the tissues ground in liquid nitrogen by Trizol. The mass of the total RNA was about 3 µg. After nucleic acid gel electrophoresis, OD260 and OD280 of RNA were detected by using ultraviolet (UV) spectrophotometer. The content and purity were calculated. A content above 1 μ g/ μ L and purity between 1.8 and 2.0 indicated that the extracted RNA was not decomposed and had a good integrity. Reverse transcription was performed by using reverse transcription kits to obtain cDNA. QuantiFast SyBr Green PCR kit was adopted for PCR reaction. The sequence of primer is shown in Table 1. The reaction system was 10 µL. The condition for amplification was: 40 cycles of denaturalization at 95 $\,^\circ\mathrm{C}$ for 5 min, 95 $\,^\circ\mathrm{C}$ for 10 s and 60 \degree C for 30 s. The CT values of Ub, E3 and

26S mRNAs were obtained at the end of the reaction. The relative expressions of the target genes were calculated by using $2^{-\Delta\Delta CT}$.

2.4 Statistical methods

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Statistics were conducted by using SPSS 17.0 for windows. The data were expressed by mean ± standard deviation ($\overline{x} \pm s$), and one-way ANOVA was used for the inter- group comparison of mean value; for multiple comparison of mean value, the least significant difference was adopted when the variance was homogeneous, otherwise, Tamhane's T2 would be used. P<0.05 was indicative of a statistical significance. Statistical graphs were drawn by using GraphPad Prism 6.

3 Results

3.1 Nerve cell apoptosis in rat VTA and hippocampus

The apoptotic cells positively stained by TUNEL often distributed independently, with dense concentrated and brown-stained nucleus. The cells negatively labeled by TUNEL had normal nucleus stained light blue. The control group had less positively stained cells and most of the nuclei were in an oval or round shape and stained light blue. The model group had more positively stained cells and the nuclei were majorly stained brown (Figure 1 and Figure 2).

Table 1. Primer	sequences in the F	CI-qPCK reaction

Primer	Sequence of primer	Amplified fragment length (bp)	
Ub	Forward: 5'-CACAGTGGCTATGCTGGAGA-3'	116	
	Reverse: 5'-ATGTCTCCAGGCTTGATTGG-3'		
E3	Forward: 5'-CATAGGTCAGCAGGAGGACA-3'	110	
	Reverse: 5'-TAGCTCCACATCCACAGCTC-3'		
26S	Forward: 5'-TCCCTAAAGCGCTCTCTCAT-3'	07	
	Reverse: 5'- CCCAAACTGATCCAGGACTT-3'	90	
β-actin	Forward: 5'-CCCATCTATGAGGGTTACGC-3'	150	
	Reverse: 5'-TTTAATGTCACGCACGATTTC-3		



Control group

Figure 1. Apoptotic nerve cells in rat VTA (TUNEL, ×400)





Figure 2. Apoptotic nerve cells in rat hippocampus (TUNEL, ×400)

Comparison of the positively stained cells in rat VTA and hippocampus: compared with the control group, the total number of the positively stained cells by TUNEL in rat VTA and hippocampus was significantly higher in the model group (P<0.01); compared with the model group, the total number of the positively stained cells by TUNEL in rat VTA and hippocampus significantly dropped in the acupuncture group (P<0.01), (Figure 3).



Figure 3. Comparison of the positive cell count in rat brain slices Note: Compared with the control group, 1) P < 0.01; compared with the model group, 2) P < 0.01

3.2 Expressions of Ub, E3 and 26S proteins in rat VTA and hippocampus

Ub, E3 and 26S are resident in cytoplasm. Cells with its cytoplasm stained brown were positive ones, and those with its cytoplasm stained light blue were negative one (Figure 4-Figure 9).

The expressions of Ub, E3 and 26S proteins in rat VTA and hippocampus were significantly higher in the model group than in the control group (P<0.01); the expressions of Ub, E3 and 26S proteins in rat VTA and hippocampus were significantly lower in the acupuncture group compared with those in the model group (P<0.01). The results suggest that heroin re-addiction can increase the expressions of Ub, E3 and 26S in rat brains, while acupuncture can inhibit the increase (Figure 10).



Control group

Figure 4. Expression of Ub protein in rat VTA (IHC, ×400)



Figure 5. Expression of E3 protein in rat VTA (IHC, ×400)



Control group

Model group Figure 6. Expression of 26S protein in rat VTA (IHC, ×400)



Figure 7. Expression of Ub protein in rat hippocampus (IHC, ×400)



Control group Figure 8. Expression of E3 protein in rat hippocampus (IHC, ×400)

Acupuncture group



Control group

Model group Acupuncture group Figure 9. Expression of 26S protein in rat hippocampus (IHC, ×400)



Figure 10. Comparison of the expressions of Ub, E3 and 26S proteins in rat VTA and hippocampus Note: Compared with the control group, 1) P<0.01; compared with the model group, 2) P<0.01

3.3 Expressions of Ub, E3 and 26S mRNAs in rat VTA and hippocampus

The expressions of Ub, E3 and 26S mRNAs in rat VTA and hippocampus were significantly higher in the model group than in the control group (P<0.01, P<0.05); the

expressions of Ub, E3 and 26S mRNAs in rat VTA and hippocampus were significantly lower in the acupuncture group compared with those in the model group (*P*<0.01, *P*<0.05), (Figure 11).





4 Discussion

UPP is an important mechanism in modulating protein degradation^[14], involved in the regulation of many aspects in the cell cycle, such as signal transduction, DNA repair, abnormal protein catabolism, and cell receptor function. UPP is significant in

maintaining normal cell function and homeostasis.

Traditional Chinese medicine holds that the brain governs consciousness and mental activities. Heroin can cause damages to many systems of human body, especially the brain, usually manifested by disorders of consciousness, mental disorders, and attacks of convulsion^[15]. The Governor Vessel travels through the

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spine and connects with the brain. The acupoints of this meridian often have functions to treat mental diseases. Baihui (GV 20) is located at the vertex with brains beneath it. Modern research has discovered that the superficial layer of Baihui (GV 20) is full of vessels and nerves, e.g. major occipital nerve and branch of the frontal nerve, and its deep layer resides motor cortex and paracentral lobule. Therefore, stimulating Baihui (GV 20) can directly improve the central nervous function and blood circulation. As the confluent point of the three yang meridians of both hand and foot and the Governor Vessel, Dazhui (GV 14) interiorly connects with the Governor Vessel and exteriorly connects with the three yang meridians, with function to clear pathogenic factors of yang nature and excess heat, open orifices and awaken brain, regulate the Governor Vessel and release convulsion. The two acupoints are significant in regulating brain function.

This study found that in the heroin relapse rats, the apoptotic central nervous cells increased, as well as the expressions of Ub, E3 and 26S mRNAs and proteins in rat VTA and hippocampus. It's indicated that heroin re-addiction can cause certain damage to the central nervous system. Heroin-induced brain damage can trigger stress reactions^[16], so that body will increase the UPP activity and expressions of Ub, E3 and 26S via autoregulation. However, the increase of UPP activity is not enough to inhibit cell apoptosis.

After acupuncture at Baihui (GV 20) and Dazhui (GV 14), the apoptotic rat central nervous cells decreased, and the expressions of Ub, E3 and 26S mRNAs and proteins in rat VTA and hippocampus dropped significantly. It's suggested that acupuncture can inhibit the stress reactions via down-regulating the activity of UPP and cell apoptosis, so as to protect the brain. It's widely known that the increase of CCAATenhancer-binding protein homologous protein (CHOP) is the signal of endoplasmic reticulum stress^[17-19]. Our previous study showed that acupuncture can inhibit the expression of CHOP and promote the expression of glucose regulated protein 78 kD (GRP78), so as to modulate endoplasmic reticulum stress and inhibit nerve damage^[20]. Meanwhile, acupuncture can also up-regulate the expressions of heat shock protein 70 (HSP70), heat shock protein 105 (HSP105) and valosin-containing protein (Vcp), which can enhance protein-folding in endoplasmic reticulum, reduce cell apoptosis in the brain of heroin relapse rats, and prevent brain damage.

Another report told that the expression of E2 dropped after electroacupuncture in acute spinal cord injury rats^[21]. It's believed that the abnormal proteins produced during the injury triggered the increase of E2, which should be a protective reaction of the body; electroacupuncture may down-regulate the expression of E2 by reducing the expression of the abnormal

proteins. It was suspected that electroacupuncture promoted the repair of the injured spinal cord through inhibiting nervous cell apoptosis, improving cell metabolism and regulating abnormal proteins. The results are in accordance with the outcomes of this study.

The action of UPP is rather complicated. Some reports suggest that it can promote cell apoptosis, while some other reports hold an opposite opinion^[22-23]. There still requires more valuable profound studies to support the effect of acupuncture in regulating UPP and intervening nerve injury. Therefore, researchers need to keep an eye on the novel research findings and progress.

Conflict of Interest

The authors declared that there was no potential conflict of interest in this article.

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Statement of Human and Animal Rights

The treatment of animals conformed to the ethical criteria in this experiment.

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